



SOUTH COUNTY REFERRAL GUIDE



**A Guide to Contracted Juvenile Service Providers in
Hayward, Fremont, Union City, Newark, Dublin, Pleasanton,
and Livermore**

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ACADEMIC SUPPORT

Educational Advocacy and Planning

City of Hayward Youth and Family Services Bureau

- School-Based Services and Educational Linkages
- Critical Incident Response
- Participates in Coordination of Services Team (COST) meetings
 - ❖ Program Contact: Cecilia Chavez [510-293-7048](tel:510-293-7048)
 - ❖ dpn@hayward-ca.gov

Alternatives to Suspension Programs

City of Fremont Youth and Family Services

- ❖ Program Contact: Laurie Linscheid, LMFT [510-574-2114](tel:510-574-2114)
- ❖ llinscheid@fremont.gov

City of Hayward Youth and Family Services Bureau

- ❖ Program Contact: Cecilia Chavez [510-293-7048](tel:510-293-7048)
- ❖ dpn@hayward-ca.gov

City of Livermore Horizons Family Counseling

- ❖ Program Contact: [925-371-4747](tel:925-371-4747)
- ❖ apaez-arroyo@cityoflivermore.net

Truancy Mediation by DPN

DPN Youth Service Centers attend Truancy Mediation Hearings and provide counseling and case management services to truant youth referred from the District Attorney's Office, the Juvenile Court, or ACPD staff to facilitate regular school attendance. Case Managers will also coordinate with school counseling services for truant youth (if applicable) and attend mediation hearings.

DPN case managers also attend School Attendance Review Boards (SARBs) meetings and School Attendance Review Teams (SARTs) meetings.

City of Fremont Youth and Family Services

- ❖ Program Contact: Laurie Linscheid, LMFT [510-574-2114](tel:510-574-2114)
- ❖ llinscheid@fremont.gov

City of Hayward Youth and Family Services Bureau

- ❖ Program Contact: Cecilia Chavez [510-293-7048](tel:510-293-7048)
- ❖ dpn@hayward-ca.gov

City of Livermore Horizons Family Counseling

- ❖ Program Contact: Asceneth Paez Arroyo [925-371-4742](tel:925-371-4742)
- ❖ apaez-arroyo@cityoflivermore.net

City of Union City Youth and Family Services

- ❖ Program Contact: 510-675-5617
- ❖ yfs@unioncity.org

Pro-social activities and other educational programming

City of Hayward Youth and Family Services Bureau

- Junior Giants Summer Baseball
 - ❖ Program Contact: Cecilia Chavez [510-293-7048](tel:510-293-7048)
 - ❖ DPN Referral Form | dpn@hayward-ca.gov



CASE MANAGEMENT

Case Management by DPN Youth Service Centers

Case Managers develop an individualized family treatment and service plan that will consider family concerns, priorities and resources. Case Managers serve as a family and youth advocate and establish working relationships in order to assist the youth and family with making linkages to access appropriate services, in collaboration with youth's DPO and other service providers, as required.

Key components of DPN Case Management services include:

- Client Engagement
- Assessment of youth/family strengths and needs.
- Planning: Developing a specific, comprehensive, individualized treatment and service plan
- Linkage
- Monitoring
- Advocacy: Interceding on behalf of youth/family to ensure equity and appropriate Services, and attending court

City of Fremont Youth and Family Services

- ❖ Program Contact: Laurie Linscheid, LMFT [510-574-2114](tel:510-574-2114)
- ❖ llinscheid@fremont.gov

City of Hayward Youth and Family Services Bureau

- ❖ Program Contact: Cecilia Chavez [510-293-7048](tel:510-293-7048)
- ❖ dpn@hayward-ca.gov

City of Livermore Horizons Family Counseling

- ❖ Program Contact: Asceneth Paez Arroyo [925-371-4742](tel:925-371-4742)
- ❖ apaez-arroyo@cityoflivermore.net

City of Union City Youth and Family Services

- ❖ Program Contact: Sushil Swamy [510-675-5820](tel:510-675-5820)
- ❖ yfs@unioncity.org

Intensive Case Management through Behavioral Health Care Services partnership

Lincoln - Project Permanence Wraparound Program

- Serving all Alameda County youth on probation who have serious mental health or behavioral issues.
- Family support, collateral supports, individual support to the referred youth, and linkages to resources. Interventions integral to the model are 1:1 supports directly to the youth, family support, monthly family team meetings, and intensive case management services.
- Intervention in courts, JJC, Mental Health Hospitals, Family Home, Community Outings, Schools etc.
 - ❖ Program Contact: Michelle Thompson [510-273-4700](tel:510-273-4700)
 - ❖ SFAX. 1-888-972-6452 michellethompson@lincolnfamilies.org

Seneca Family of Agencies - Intensive Case Management (ICM)

- Service is available to youth participating in Collaborative Court only.
- Treatment approach is similar to a wraparound model. Multiple team members, including a clinician, parent partner and youth counselor who work with a youth for a period of 12 to 18 months or until a youth is dismissed from probation. Youth and their caregivers meet with team members multiple times per week. Case management and referral linkage is a strong component of the service with the goal of stabilizing the youth in their home placement.
 - ❖ Program Contact: Erica Kellenbach, LCSW [510 772-8067](tel:510-772-8067)
 - ❖ Probation officers, minors' attorneys and/or judges may make referrals to MST. Only Collaborative Court youth are designated to receive ICM services | erica_kellenbach@senecacenter.org

CAREER TRAINING AND JOB/INTERNSHIP PLACEMENT

Probation Youth Employment Program (PYEP)

For youth ages 14-19. Program services include the following:

- Assessment of the youth's employment skills, job readiness and job placement.
- An individualized employment plan is created that identifies the goals and strategies.
- There are financial incentives for the youth to participate in the Employment Skills and Job Readiness workshops.
- The workshops provide training on job skills, interviewing techniques, education on workplace expectations, effective job seeking, and improving financial literacy and fiscal responsibility.
- The job recruitment and placement services provide the youth temporary or permanent positions after school, summer or full-time and education about the responsibilities, pay and benefits of the job in question.

Bay Area Community Resources (Castro Valley, San Leandro, San Lorenzo)

- ❖ Program Contact: 510-220-9272
- ❖ aasberry@bacr.org

La Familia Counseling Center (Hayward, Fremont, Newark, Union City, Dublin, Livermore, Pleasanton, Sunol)

- ❖ Program Contact: 510-935-2643
- ❖ jcarmona@livelafamilia.org

CIVIC AND SOCIAL ENGAGEMENT

Services and programs that inform and empower youth to become actively engaged in civic and social activities. Programming promotes their understanding and commitment to participating in, developing, planning and leading structured activities in their communities.

FLY (DPN)

- Law Program includes law-related education and life skills classes, mock trials and end of the program field trip (12-13 week duration)
- Leadership Training Program - pro-social activities, wilderness retreat, individual coaching and case management (August - May)
- Courses are taught at Hayward Community School, Brenkwitz Alternative High School, and La Familia offices
- **FLY also has a partnership with City of Union City to run Law and Leadership programs in Union City area**
 - ❖ Law Program: Colin Ford [510-508-8008](tel:510-508-8008)
 - ❖ Leadership Program: Tynesha Washington [510-289-8970](tel:510-289-8970)
 - ❖ acprogramsreferral@flyprogram.org



COUNSELING AND CRISIS INTERVENTION

Individual and Family Therapeutic Counseling and Crisis Intervention by DPN Youth Service Centers

Probation funds either 3 or 5 sessions of counseling at no cost to the client. The amount of sessions is determined by a client's Medi-Cal eligibility and a diagnosis that meets Early Periodic Screening Diagnosis and Treatment (EPSDT) criteria. The DPN agencies' licensed clinicians utilize trauma-informed treatment techniques that combine family crisis interventions with short-term family counseling. Using the identified risk factors (provided in the DPN Referral Form), they assist families in dealing with underlying problems that led to the crisis.

City of Fremont Youth and Family Services

- ❖ Program Contact: Laurie Linscheid, LMFT [510-574-2114](tel:510-574-2114)
- ❖ llinscheid@fremont.gov

City of Hayward Youth and Family Services Bureau

- ❖ Program Contact: Cecilia Chavez [510-293-7048](tel:510-293-7048)
- ❖ dpn@hayward-ca.gov

City of Livermore Horizons Family Counseling

- ❖ Program Contact: Asceneth Paez Arroyo [925-371-4742](tel:925-371-4742)
- ❖ apaez-arroyo@cityoflivermore.net

City of Union City Youth and Family Services

- ❖ Program Contact: [510-675-5617](tel:510-675-5617)
- ❖ yfs@unioncity.org

Substance Use Disorder Counseling

City of Fremont Youth and Family Services

- Adolescent (12-21 year) Substance Use Disorder Treatment
 - ❖ Program Contact: Laurie Linscheid, LMFT [510-574-2114](tel:510-574-2114)
 - ❖ llinscheid@fremont.gov

Therapy and Substance Use Treatment through Behavioral Health Care Services partnership

Lincoln - Multidimensional Family Therapy (MDFT)

- Serving youth on probation 11-19 years old with mental health AND substance abuse symptoms. Priority is youth at-risk of out-of-home placement. Youth that live with family (including kin/fictive kin) who are able to participate in weekly therapy activities. Youth and their families whose needs require intensive support including in-home therapy, case management, system navigation support
- MDFT for approximately 6 months includes: Individual therapy, Substance use treatment, Family therapy, Parent one-on-one coaching, System navigation (school, probation, legal, etc), Brokerage/linkage to support services
 - ❖ Program Contact: Diatra Simpson [510-912-5997](tel:510-912-5997)
 - ❖ Lincoln MDFT Referral Form | mdftac@lincolnfamilies.org

Seneca Family of Agencies - Multi-Systemic Therapy (MST)

- Serving Probation youth under 21 years old only
- MST focus on collaborating with and empowering parents by using identified strategies to directly address delinquency behaviors so that youth can remain in their family homes. Clinicians meet with families 2 to 3 times per week and treatment lasts for approximately 5 months. Family therapy approach with an emphasis on direct work with parents or caregivers.
- Intensive Case Management (ICM): Treatment approach is similar to a wraparound model. Multiple team members, including a clinician, parent partner and youth counselor who work with a youth for a period of 12 to 18 months or until a youth is dismissed from probation. Youth and their caregivers meet with team members multiple times per week. Case management and referral linkage is a strong component of the service with the goal of stabilizing the youth in their home placement. Service is available to youth participating in Collaborative Court only.
 - ❖ Program Contact: Erica Kellenbach, LCSW [510 772-8067](tel:510-772-8067)
 - ❖ Probation officers, minors' attorneys and/or judges may make referrals to MST. | erica_kellenbach@senecacenter.org

DECISION-MAKING, BEHAVIOR AND LIFE SKILLS

Cognitive Behavior Groups

Cognitive Behavior Groups are designed to equip youth with tools to identify unhelpful behaviors and problematic patterns, while teaching skills to manage emotions and stress. Teach youth strategies to safely and productively think and respond in situations of stress, fear and conflict.

FLY (JJCPA)

- Law Program includes law-related education and life skills classes, mock trials and end of the program field trip (12-13 week duration)
- Youth ages 14-19 who attend schools or live in communities with high rates of violence/crime, or youth who are placed in locked, correctional facilities
- Courses are taught at Hayward Community School, Brenkwitz Alternative High School, and La Familia offices
 - ❖ Law Program: Colin Ford [510-508-8008](tel:510-508-8008)
 - ❖ acprogramsreferral@flyprogram.org

City of Fremont Youth and Family Services (JJCPA)

- City of Fremont offers Cognitive Behavioral Groups, equipping youth with tools to manage stress, change negative thinking and behavior patterns, and increase self-awareness
 - ❖ Program Contact: Laurie Linscheid, LMFT [510-574-2114](tel:510-574-2114)
 - ❖ llinscheid@fremont.gov

City of Union City Youth and Family Services (JJCPA)

- City of Union City offers Cognitive Behavioral Groups, equipping youth with tools to manage stress, change negative thinking and behavior patterns, and increase self-awareness
 - ❖ Program Contact: [510-675-5617](tel:510-675-5617)
 - ❖ yfs@unioncity.org

Life Skills Development

Services and programs that enhance a youth's ability to live independently and provide skills and opportunities that are critical to success, such as tangible life skill development, and pro-social engagement. Programs may include systems navigation and/or case management services.

City of Hayward Youth and Family Services Bureau

- Education and career planning, financial coaching, legal issues for youth, and social media safety
- Thrive Life Skills Program (TLSP) to enhance youths' abilities to live independently and provide skills and opportunities critical to their success. TLSP will be made up of three program components that will teach skills and provide relevant opportunities and supports that foster positive connections
 - ❖ Program Contact: Cecilia Chavez [510-293-7048](tel:510-293-7048)
 - ❖ dpn@hayward-ca.gov

City of Union City Youth and Family Services

- Financial coaching, Employment Readiness skills, Individualized Life and Career Coaching
 - ❖ Program Contact: [510-675-5617](tel:510-675-5617)
 - ❖ yfs@unioncity.org



DIVERSION

Services and programs specifically structured to prevent formal entry into the juvenile justice system. Programs are encouraged to develop strategic partnerships in an effort to better meet the intervention and treatment needs of youth. Programs are responsible for building relationships with school districts to develop site-specific alternatives to suspension programming.

City of Hayward Youth and Family Services Bureau

- Diversion Counseling and workshops focusing on personal accountability and character building for youth who have been arrested
 - ❖ Program Contact: Cecilia Chavez [510-293-7048](tel:510-293-7048)
 - ❖ dpn@hayward-ca.gov

City of Fremont Youth and Family Services (DPN)

- Formal diversion program through Fremont Police Department
 - ❖ Program Contact: Laurie Linscheid, LMFT [510-574-2114](tel:510-574-2114)
 - ❖ linscheid@fremont.gov

City of Union City Youth and Family Services

- WhyTry Groups
 - ❖ Program Contact: [510-675-5617](tel:510-675-5617)
 - ❖ yfs@unioncity.org

Prop 64 Juvenile Marijuana Citation Required Counseling and Education

The DPN is providing evidence-based counseling and education services to youth referred for marijuana citation. DPN provider performs intake, brief screening and required education/counseling sessions and links youth to community service activities/programs for fulfillment of required community service hours. DPN provider provides certificate to document youth's completion of required education/counseling (which youth needs to return to court within 90 days). Youth is responsible for obtaining community service hours certificate from community service program and submitting to court.

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- ❖ Program Contact: Laurie Linscheid, LMFT [510-574-2114](tel:510-574-2114)
- ❖ linscheid@fremont.gov

City of Hayward Youth and Family Services Bureau

- ❖ Program Contact: Cecilia Chavez 510-293-7048
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City of Livermore Horizons Family Counseling

- ❖ Program Contact: Asceneth Paez Arroyo 925-371-4742
- ❖ apaez-arroyo@cityoflivermore.net

City of Union City Youth and Family Services

- ❖ Program Contact: 510-675-5617
- ❖ yfs@unioncity.org



MENTORING

Programs that connect culturally conscious, positive adults with youth who are facing adversity to support them in the development of age appropriate skills, reduce the potential for system involvement and develop the capacity for critical thinking.

City of Union City Youth and Family Services

- Reentry and After-care services
- Mentors and a restorative justice coordinator will work with Transition Center to set up 1-3 meetings with the youth prior to their release. The primary focus of these meetings shall be to begin the relationship building process and conduct an assessment to better understand the youth's strengths and needs as well as their readiness to participate in a reentry circle. School and community members may be helpful to have participate in the reentry circle and clarify roles and expectations.
- After the Reentry Circle: The assigned mentors will meet with youth at least one time per week for the initial 2-3 months after release. Most mentoring relationships last approximately six months, although linkages to additional services (counseling, case management, Why Try Groups, life skills, FLY Program, etc.) would be provided.

- ❖ Program Contact: [510-675-5617](tel:510-675-5617)
- ❖ yfs@unioncity.org



PARENTING CLASSES

City of Fremont Youth and Family Services (JJCPA)

- City of Fremont will host parenting classes that will help parents learn positive and successful parenting strategies, and help them identify and access the community resources they need to support their positive parenting.
 - ❖ Program Contact: Laurie Linscheid, LMFT [510-574-2114](tel:510-574-2114)
 - ❖ llinscheid@fremont.gov

City of Union City Youth and Family Services (JJCPA)

- City of Union City will host parenting classes that will help parents learn positive and successful parenting strategies, and help them identify and access the community resources they need to support their positive parenting.
 - ❖ Program Contact: [510-675-5617](tel:510-675-5617)
 - ❖ yfs@unioncity.org

City of Livermore Horizons Family Counseling

- Parent/Youth Education Workshops:
 - Tobacco, Nicotine & Vaping
 - Marijuana & the Impact on the Teen Brain
 - Video Game Addiction
 - Social Media and Internet Addiction
 - Dangerous Teen Games/Challenges
- Parent Project in English and Spanish
 - ❖ Program Contact: [925-371-4747](tel:925-371-4747)
 - ❖ apaez-arroyo@cityoflivermore.net



RESTORATIVE JUSTICE

Programs that utilize restorative practices to facilitate accountability strategies, which encourage youth to take responsibility and make amends for the harm caused within their communities. Programs serve youth both in and out of custody.

City of Hayward Youth and Family Services Bureau

- Group sessions utilizing the evidence-based WhyTry curriculum and multimedia activities to engage participants
 - ❖ Program Contact: Cecilia Chavez [510-293-7048](tel:510-293-7048)
 - ❖ dpn@hayward-ca.gov

City of Union City Youth and Family Services

- Reentry and After-care services
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