



# 8 Keys to Success\*

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The Carey Group (TCG) and our Best Practices & Innovative Strategies (BPIS) Unit collaborated to update the popular 8 Keys to Success Poster. The 8 Keys to Success was thoroughly revised to use strength-based language, enhance the skill-to-action connection, and revamp the visual appeal. We are pleased to introduce the new poster, fresh off the presses.



## Changes with the New Poster

This version of the 8 Keys to Success Poster reflects the following upgrades:

- Strength-based language
- Emphasis on existing positive skills
- 1:1 skills & potential actions
- Revised images and color scheme

## Skills and Potential Actions

Skills represent everlasting abilities that can be developed through actions. The 8 Keys to Success Poster may support case plans by providing ideas for goals (**skills**) and objectives (**actions**).

*For Example:*

- Goal:** Knowing how to problem solve
- Obj.:** Practice the steps to effective problem solving

## 8 Keys and 8 Dynamic Factors

This poster displays eight keys that may assist with addressing the eight dynamic factors:

- Live a Life of Freedom (**Criminal History**)
- Be Responsible in Thoughts & Attitudes (**Cognition**)
- Maintain Healthy & Supportive Family Relationships (**Family/Marital**)
- Maintain Healthy & Supportive Friendships (**Peers**)
- Be a Problem Solver & Manage Stress (**Personality**)
- Live a Sober Lifestyle (**Substance Use Disorder**)
- Find Satisfaction & Financial Success Through Work/School (**Employment and Education**)
- Find Fun Through Positive Activities (**Leisure**)

## Tools to Address Needs

In addition to case planning and modeling, TCG Tools (Guides & BITS) may assist with developing client's skills. A cheat sheet of which tools address which need is available on the TCG TOD site (see the link below).

\*The Carey Group - To access the 8 Keys to Success Poster & Cheat Sheet, [click here](#).

For additional information, [click here](#) to visit the Best Practices & Innovative Strategies Intranet Webpage.